Verbs of suggestion

I suggest (you) to send the ukulele to the above address.

Verb	general	for a specific person		
Demand		(that) s.b	+ INF. (without to)	
Recommend	(doing s.th)	(that) s.b	+ INF.	
Insist	(on doing it)	(that) s.b	+ INF.	
Suggest	(doing it)	(that) s.b	+ INF.	
Prefer	to do it	(that) s.b	+ INF.	
Propose	doing it	(that) s.b	+ INF.	
Request		(that) s.b	+ INF.	

Examples of how to use these verbs for telling a specific person what to do:

We are hungry!

I suggest that Adelka *order* pancakes with chocolate chips.

I request (that) Z NOT send the uk. to me.
I demand (that) he send the uk. to me.
I recommended (that) Zuzka be careful with bears.

I suggest that you meet with someone who knows about taxes.